

The WeCare Commitment

Our social service organization exemplifies a mindful approach to conquering obstacles adults face in the Greater St. Cloud area. Different backgrounds produce unique situations. Fundamental services concentrate on the universal foundation that every person deserves a healthy and fulfilling lifestyle.

WeCare delivers the versatile services required to navigate complex challenges. Our skilled staff members embrace all ethnicities inclusive to the refugee and immigrant community and proudly serve adults 18+ in the Stearns, Sherburne, Benton counties by providing:

- Adult Day Services
- Behavioral Health Services
  - Adult Rehabilitative Mental Health Services (ARMHS)
  - Therapy Services
- Housing Stabilization Services
- Personal Care Assistants (PCAs)



Learn about our Current Openings at: wecaregroupmn.com/jobs



Intended for medical providers, case managers or social workers. Fill out the referral form online: wecaregroupmn.com/referrals



## Want a Personal Service Referral?

If you are looking for information for you or a family member: Please call our office 320-281-4449



136 Division Street, Waite Park, MN | 320-281-4449 Visit us on the web at www.wecaregroupmn.com

# **Integrating Care**

Empowering adults on their personalized journey to well-being and a new way of life.











### **Adult Day Services**

WeCare recognizes the advantage of a welcoming, nurturing, and secure environment for seniors. Our Adult Day Center's team of professionals provides those 55 and older unique opportunities to thrive and rediscover independence through various Adult Day Care options:

- Physical Therapy
- Meal Service
- Transportation
- Exercise
- · Games and Activities



## **Behavioral Health Services**

WeCare encourages clients who deal with mental illness to become the architects of their own life.

#### Adult Rehabilitative Mental Health Services (ARMHS)

Is designed to focus on managing mental health symptoms, boost self-sufficiency, and improve overall wellness. ARMHS evaluates clients individual circumstances; unlocking overlooked capabilities and meeting personal goals such as:

- · Improved social and living skills
- Education readiness
- Employment preparedness
- · Healthcare access and education
- Self-dependence

#### **Therapy Services**

WeCare empowers clients on their personal journey to wellness with one on one therapy sessions in a positive environment.



## **Housing Stabilization Services**

Housing Stabilization Services is a valuable resource which provides individuals with disabilities, mental health concerns, and substance use disorders locate housing and maintain stable long term living accommodations.

## Personal Care Assistants PCAs

Our PCA program provides services to persons who need assistance with daily activities in their homes or out in the community. We serve children and adults with disabilities, chronic diseases, mental Illness, and behavioral issues. Each client will have a plan developed based on his/ her daily needs through a personcentered approach.



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